



Premium Fuel as Nature Intended

## **BREAKFAST**

**Potato & Sautéed Leek Frittata**  
**Fine Herb Omelet**  
**Pinto Bean Tostadas**  
**Banana Pancakes**  
**Kielbasa & Egg Scramble**  
**Breakfast Shrimp & Grits**  
**Cottage Cheese with Cranberry Compote**  
**Scrambled Eggs with Grilled Asparagus**  
**Yogurt Parfait**  
**Breakfast Polenta with Hearty Hash**  
**And Many More!!**

## **LUNCH / DINNER**

**Almond Encrusted Chicken Breast**  
**Chimichurri Skirt Steak**  
**Pecan Encrusted Sole**  
**BBQ Pork Chops**  
**Lamb Kabobs with Roquefort Cream Sauce**  
**Turkey Chili**  
**Baked Stuffed Shrimp**  
**Bison Shepherd's Pie**  
**Coq Au Vin**  
**Cajun Grilled Flank Steak**  
**Five Spice Salmon**  
**Roasted Dijon Chicken**  
**Sesame Chicken**  
**NY Strip Steak with Rosemary Au Jus**  
**Kung Pao Chicken**  
**Asian Chicken Lettuce Wraps**

**Pork Medallions**  
**Tapenade Encrusted Filet Mignon**  
**Cumin Marinated Tilapia**  
**Boeuf Bourignonn**  
**Country Meatloaf**  
**Grilled Ribeye Steak with Horseradish Whipped Cream**  
**Salmon En Papillote**  
**Bison Steak Au Poivre**  
**Mustard Glazed Pork Tenderloin**  
**Pan-roasted Monkfish with Quinoa**  
**Yellow-fin Tuna with Baby Arugula Salad**  
**And Many More!!**

## **SNACKS**

**Energy Bars**  
**(several to choose from)**  
**Homemade Trail Mixes**  
**Beef & Turkey Jerkies**  
**Seasonal Fruit Salad**  
**Seasonal Berries**  
**Living Nutz Mixes**  
**Marinated Olives**  
**Shrimp Rolls**  
**Cheese & Crackers Plate**  
**And More!!**

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